

## ***City Children and Their Cultures: The Social Life of Stress*** ***Wednesday November 6, 2002 6:00 pm, The Newark Museum***

Johnson, Dr. Robert L. *Strength for their Journey: 5 Essential Disciplines African American Parents Must Teach Their Children and Teens*. Broadway Books, 2002.

With their 20 years of counseling parents and children, Dr. Johnson and Paulette Stanford offer a developmental program that interconnects five key disciplines specifically targeted at the challenges likely to face African American children. The early chapters explore each of the disciplines: traditional (minding parents); racial (negotiating realities of race); emotional (resisting peer pressure and temptations); practical (strength to excel in academics and career); and mind-body (maintaining physical, mental, and spiritual health). Using vignettes and case studies, Johnson and Stanford offers suggestions on instilling the disciplines in children and dealing with a range of issues, from the standard talk about sex and substance abuse to the more race-specific issues of combating the often low expectations of some teachers and school systems and peer pressure that equates cool with indifference about school. Other chapters examine the process of selecting the best college and advising youth on career and money concerns. This informative book also includes an extensive list of resources.

Aneshensel, Carol S. *The Neighborhood Context of Adolescent Mental Health*. Journal of Health and Social Behavior, 1996 Vol. 37

This article examines how structural aspects of neighborhood context, specifically, socioeconomic stratification and racial/ethnic segregation, affect adolescent emotional well being by shaping subjective perceptions of their neighborhoods.

Goodman, Robin F. *The Day Our World Changed: Children's Art of 9/11*. Harry N. Abrams, 2002

Harwayne, Shelley. *Messages to Ground Zero: Children Respond to September 11, 2001*. Heinemann, 2002.

This book brings together letters, poems, and artwork by children from New York City and across the country in response to the September 11<sup>th</sup> tragedy. It not only captures a moment in history; it is an archive of what children were thinking and saying in support of its victims. Reflecting the innocence, hope, and caring that are special to the very young, these honest and heartfelt messages directed to Ground Zero could just as well be directed to us all--bringing new dimensions to our won feelings about the events of that day and to our hopes for the future.

Johnston, Hugh F. *Handbook of Depression in Children and Adolescent*. Michael Reynolds, 1994.

A comprehensive handbook that includes contributions by many of the leading experts on child and adolescent depression in the fields of psychology and psychiatry. The 25 chapters are organized in six parts: introduction and general issues; theories and models of depression; approaches to assessment and diagnosis; treatment approaches; depression in special populations; and selected topics in the study of depression in young people. For professionals as well as graduate students with clinical and research interests in child and adolescent psychopathology in general, and in depression in young people in particular.

McLeod, Jane D. *Trajectories of Poverty and Children's Mental Health*. Journal of Health and Social Behavior 1996, Vol.37

This article examines the dynamic relationship between children's family histories of poverty and their developmental trajectories of mental health. The results of this study demonstrate the accelerating behavioral disadvantages faced by persistently poor children.

Monahan, Cynthia. *Children and Trauma: A Guide for Parents and Professionals*. Jossey-Bass, 1997.

This book teaches parents and professionals about the effects of such ordeals on children and offers a blueprint for restoring a child's sense of safety and balance. Cynthia Monahan, a child psychologist who specializes in the treatment of psychological trauma, offers hope and reassurance for parents. Monahan helps adults understand psychological trauma from a child's point of view and explores the ways both parents and professionals can help children heal.

O'Malley, Patrick M. *Alcohol Use Among Adolescents*. Journal of Health and Social Behavior 1998, Vol. 22

This article investigates the drinking behaviors of adolescents in the United States. It shows that no substantial differences exist among various sociodemographic subgroups with respect to drinking rates. Various attitudinal and behavioral factors such as religious involvement and average grade level influence adolescents' drinking behaviors.

Olmsted, Donald W. *The Socialization of Youth into the American Mental Health Belief System*. Journal of Health and Social Behavior 1980, vol. 21

This article discusses the continuing socialization of young people into their society's prevailing set of commonsense ideas about social reality and its fundamental process of how cognitive perspectives of major domains and social definitions of young people become increasingly similar to those of community adults.

Poffenberger, Nancy. *September 11, 2001: A Simple Account for Children*. Fun Pub Co, 2001

Rickel, Annette U. *Keeping Children from Harm's Way: How National Policy Affects Psychological Development*. American Psychological Association, 1997

Rossmann, B. B. *Children and Interparental Violence: The Impact of Exposure*. Brunner-Routledge, 1999.

This new text, rich with impeccable research, current theories, and treatment strategies, pays specific and unique attention to the families' ethnic backgrounds, parents' sexual orientation, and forensic and legal issues. Prevention and intervention models, techniques, and programs are discussed, as well as research evaluating their usefulness. Children and Interparental violence focuses on children's exposure to violence between their caretakers and the subsequent effects on child development.

Saylor, Conway F. *Children and Disasters*. Perseus Publishing, 1993.

This book is devoted to the prevention and treatment of children's mental health problems following disasters of various kinds, considering basic theory and assessment and intervention techniques. Begins a series that will provide mental health professionals with information on traditional and emerging issues relating to the psychological, behavioral, and developmental problems of children.